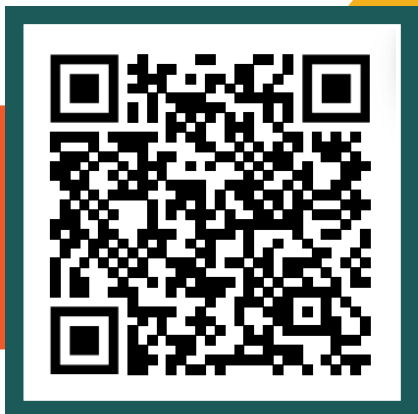




A modern platform designed to help you manage your FSHD while contributing to groundbreaking research.

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Track Your Symptoms, Understand Your Health:

BetterLife FSHD is a new platform that provides you with tools to take control of your journey with FSHD.

Directly Impact FSHD Research:

Help speed up the development of future treatments by safely sharing your information with approved researchers. Get notified when your data is used and stay updated on the progress of the research you are a part of.

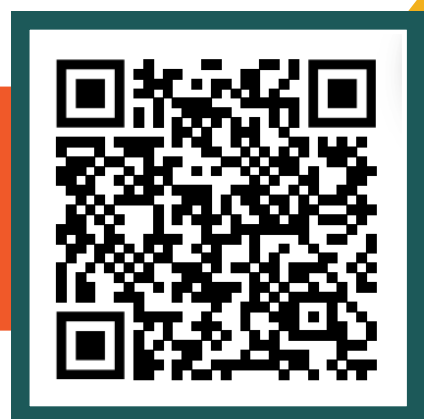
Personalized Resources & Clinical Trial Matching:

Receive resources tailored to your symptoms and needs while being matched with available clinical trial and research opportunities.



**Join now to
take charge
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**while changing
the future of FSHD.**



This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB25-1106).



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