



Multi-Disciplinary Care for Neuromuscular Diseases Curriculum

Draft Program*

| Lecture Title | Lecture Date (Wednesdays 6-7pm ET) |
|--|---------------------------------------|
| Multidisciplinary Care on a Floppy Infant | 1/15/2025 |
| Gait Biomechanics (2 speakers) a. Part 1 (30 min) - Pediatric normal gait b. Part 2 (30 min) - adult normal gait | 1/22/2025 |
| Gait Deviations and Lower Extremities Orthosis | 1/29/2025 |
| Exercise in NMDs | 2/5/2025 |
| Bone Health | 2/12/2025 |
| Driving with a Disability and Legal Aspects and Community Transportation | 2/19/2025 |
| Orthopedic Management of Lower Extremities in NMDs | 2/26/2025 |
| Scoliosis | 3/5/2025 |
| Normal Cardiac Physiology & Cardiovascular Involvement in NMDs | 3/12/2025 |
| Management of Cardiovascular Involvement in NMDs (Cardiomyopathies and Electric Disturbances) | 3/19/2025 |
| Respiratory Physiology and Pathologies in NMDs | 3/26/2025 |
| Monitoring of Respiratory Function and Sleep-Disordered Breathing in Neuromuscular Clinics | 4/2/2025 |

For more information please contact NMD4C education and curriculum coordinator Victoria Larocca at: Victoria.larocca@muscle.ca



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|--|---------------------------------------|
| Intensive Care and Neonatal Intensive Care of the Respiratory System in NMDs (2 speakers) | 4/9/2025 |
| Gastrointestinal Involvement in NMDs & Management | 4/16/2025 |
| Dysphagia and Vocal Cord Evaluation & Management | 4/23/2025 |
| Nutritional Recommendations in NMDs | 4/30/2025 |
| Functional Evaluation, Strategies and Equipment for ADL | 5/7/2025 |
| Social Roles Throughout the Life of an Individual with NMDs (from Education to Employment, Including Sports and Leisure) | 5/14/2025 |
| Upper Extremity Functional Evaluation & Upper Extremity Orthosis | 5/21/2025 |
| Pain Management in NMDs | 5/28/2025 |
| Positioning & Wheelchair | 6/4/2025 |
| Mental Health Screening and Psychosocial Factors Affecting Individuals with NMDs | 6/11/2025 |
| Sexuality, Pregnancy Planning & Delivery in Neuromuscular Disorders | 6/18/2025 |
| Transition from Pediatric to Adult Care | 6/25/2025 |

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